

## Eyebrow Micropigmentation Post Procedure Care

### General

Just after your procedure (and the next couple days), your brows will be **DARKER** and **THICKER** than you expect!!! DO NOT PANIC! This is NORMAL. DO NOT try to do anything to lighten or interfere with the natural healing process of your brows!!!

Additionally, when healing skin and scabs fall away, there is often a “Ghosting Period” where you will think ALL the pigment is GONE. This is also NORMAL. Healing skin over the implanted pigment is opaque (NOT see through) and blocks the underlying pigment in your skin. As the overlying skin completes its healing process, it becomes transparent (see through). Then the underlying pigment can shine through. If too much of the implanted pigment has faded, additional pigment will be “layered” in at your Touch Up Procedure.

Micropigmentation (permanent makeup) procedures are affected by the “canvas” (your skin) that they are performed on. Lifestyle, medications, smoking, metabolism, facial surgery and other procedures, and age of skin all contribute to fading. The initial application is typically applied conservatively because every person’s skin is different, and the final color can sometimes only be precisely determined and adjusted during a follow-up appointment after the initial application has fully healed. Because of this, the micropigmentation process is often not complete after the initial procedure. In many cases, a follow-up appointment is necessary approximately 4-6 weeks after your initial application to fine tune and ensure the best result.

Though rare, infection is possible. If you see signs of infection such as persistent increased redness or swelling, fever, drainage or oozing, contact your doctor immediately.

- Apply ice packs as necessary to prevent or reduce swelling.
- Apply a very thin coat of after-care balm \_\_\_\_\_ to the area twice a day on **days 2-5**. If there is still a layer of balm, do not reapply. Avoid “smothering” with too much balm especially if there is significant scabbing. Let the scab breathe.
- When the area starts to flake, leave it. Do not pick, peel, scrub, or pull on the skin. This is extremely important.
- For at least **one week** post-procedure or until healing is complete (whichever is longer), avoid sweating such as from vigorous exercise.
- Keep your hands clean and avoid touching the affected area(s).
- Avoid exposing the area excessive moisture or humidity, such as: swimming, facials, saunas, steamrooms, and steamy showers.
- Avoid Retin-A, glycolic acids, peroxides, Neosporin, exfoliants and anti-aging products **at all times** (not just during healing) on all micropigmented areas. These can cause pigments to fade and lighten prematurely.
- Avoid tanning beds, direct sun, hot tubs, spas, pools, or any other swimming (lakes, oceans), soap and chemicals (including skin cleansers, makeup removers, alpha hydroxyl creams, and tooth whitening toothpaste) near the treated area until healed (**about 30 days**).
- Pigments will slowly fade over time according to one’s metabolism, skin type, sun exposure, medication, facial surgery, and smoking.
- Schedule maintenance visits as needed. Periodic Refresh Procedures will ensure longer lasting results. Most will need a Refresh within 12-18 months. It is best to refresh the pigment BEFORE it has faded too significantly.

## Eyebrows

- On the **day of procedure**, gently wipe lymphatic fluid (clear fluid that will seep from skin of brow) with water moistened cotton round every hour. This will greatly aid in reducing scabbing. Excessive scabbing can lead to pigment being pulled out of the skin and/or scarring. Keep your brows dry. Do not apply balm or anything else until you go to bed. At bedtime, apply a very thin layer of balm.
- **Days 2-7** or until no more scabbing or flaking of skin (whichever is LONGER), avoid soap or cleansing products. Wash only with water and pat dry with a clean, dry cloth. Do not apply lotions, creams, concealers, or any other cosmetics other than the prescribed balm.
- Do not resume any method of eyebrow hair removal or coloration for at least **two weeks**.

## Eyebrow Micropigmentation Healing Schedule

If you've never had micropigmentation before, there are a lot of unknowns. One of the most common questions we're asked is what to expect during the healing process. While every person is different and some heal more quickly or slowly than others, here's generally what to expect.

Temporary side effects from micropigmentation include but are not limited to: redness, swelling, puffiness, bruising, dry patches, itching, and tenderness.

You should expect to lose approximately 20-50% of the initial color during the healing process. We have selected the optimal pigments for you with this in mind. In approximately six days it may appear too light. After about 10 days, the color will show more. It will appear softer when completely healed.

Day	Effect – What To Expect
1	The eyebrows are approximately 20-50% bolder and darker in width than they will be when healed. Expect light to moderate swelling and redness. The skin's redness causes the color of the pigment to appear darker. There is some swelling, although difficult to actually see due to the thickness of the skin in the eyebrow area. This will subside. Exfoliation, which begins in a few days, will cause the excess pigment surrounding the eyebrow to flake away and a more narrow appearance will result. New skin will heal over the pigmented area and result in a softer appearance of your eyebrows. Don't be concerned that your eyebrows initially appear darker and heavier in size than you desire. This is all part of the process
2	Conditions remain the same.
3	Eyebrows start to itch and will appear a bit thicker in texture. Exfoliation begins.
4	The skin begins to flake, peeling from the outside edges first.
5	Color finishes flaking off and appears softer and grayer for a few days until color clarifies.
6	The color has lightened from its initial overly-dark appearance. For the next few days, the color may now be lighter than what the final color will be.
10	The final color begins to stabilize and show through. The color will continue to soften as the healing process completes.

**I UNDERSTAND AND ACCEPT THAT FAILURE TO FOLLOW THE POST-PROCEDURE INSTRUCTIONS ABOVE MAY RESULT IN A LOSS OR DISCOLORATION OF PIGMENT RESULTING IN A NEED FOR MORE FREQUENT TOUCHUPS.**

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Name (Please print legibly)

Date

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Patient Signature

Date

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Practitioner Name and Signature

Date

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