

Timeless Allure

Dr Tracy A Miller

Permanent Makeup

Eyeliner Micropigmentation Post Procedure Care

General

Just after your procedure (and the next couple days), your liner may be DARKER and THICKER than you expect. This is NORMAL. DO NOT try to do anything to lighten or interfere with the natural healing process.

Additionally, when healing skin and scabs fall away, there is often a “Ghosting Period” where you will think ALL the pigment is GONE. This is also NORMAL. Healing skin over the implanted pigment is opaque (NOT see through) and blocks the underlying pigment in your skin. As the overlying skin completes it’s healing process, it becomes transparent (see through). Then the underlying pigment can shine through. If too much of the implanted pigment has faded, additional pigment will be “layered” in at your Touch Up Procedure.

Micropigmentation (permanent makeup) procedures are affected by the “canvas” (your skin) that they are performed on. Lifestyle, medications, smoking, metabolism, facial surgery and other procedures, and age of skin all contribute to fading. The initial application is typically applied conservatively because every person’s skin is different, and the final color can sometimes only be precisely determined and adjusted during a follow-up appointment after the initial application has fully healed. Because of this, the micropigmentation process is often not complete after the initial procedure. In many cases, a follow-up appointment is necessary approximately 4-6 weeks after your initial application to fine tune and ensure the best result.

Though rare, infection is possible. If you see signs of infection such as persistent increased redness or swelling, fever, drainage or oozing, contact your doctor immediately.

- Apply ice packs as necessary to prevent or reduce swelling.
- Apply a very thin coat of after-care balm _____ to the area 2-3 times a day for **2-5 days**. If there is still a layer of balm, do not reapply. Avoid “smothering” with too much balm that melts and runs into the eyes.
- If the area starts to flake, leave it. Do not pick, peel, scrub, or pull on the skin. This is extremely important.
- For at least **one week** post-procedure or until healing is complete (whichever is longer), avoid sweating such as from vigorous exercise.
- Keep your hands clean and avoid touching the affected area(s).
- Avoid exposing the area excessive moisture or humidity, such as: swimming, facials, saunas, steamrooms, and steamy showers.
- Avoid Retin-A, glycolic acids, peroxides, Neosporin, exfoliants and anti-aging products **at all times** (not just during healing) on all micropigmented areas. These can cause pigments to fade and lighten prematurely.
- Avoid tanning beds, direct sun, hot tubs, spas, pools, or any other swimming (lakes, oceans), soap and chemicals (including skin cleansers, makeup removers, alpha hydroxyl creams, and tooth whitening toothpaste) near the treated area until healed (**about 30 days**).
- Pigments will slowly fade over time according to one’s metabolism, skin type, sun exposure, medication, facial surgery, and smoking.
- Schedule maintenance visits as needed. Periodic Refresh Procedures will ensure longer lasting results. Most will need a Refresh within 12-18 months. It is best to refresh the pigment **BEFORE** it has faded too significantly.

Eyeliner

- Contact lenses should not be worn until the swelling subsides (**3-4 days** at least). Do not return to contact lens wear while still applying balm. If the balm melts into the eyes, it will ruin your contact lenses.
- Do not use any eyelash tinting or other coloration for at least **two weeks** after the procedure.
- Tea bags or ice packs may be used to minimize swelling the day of and the day after the procedure.
- Use of mascara during the healing process:
 - Do not wear mascara for a few days (**3-4 days** at least).
 - Use **ONLY** new unopened mascara, in order to avoid contamination and infection.
 - Apply only water-soluble mascara and just to the tips of the eyelashes. Take extreme care when removing mascara and cleaning lashes. No scrubbing.
- Do not use eyelash curlers during the healing process.

Eyeliner Micropigmentation Healing Schedule

If you've never had micropigmentation before, there are a lot of unknowns. One of the most common questions we're asked is what to expect during the healing process. While every person is different and some heal more quickly or slowly than others, here's generally what to expect.

Temporary side effects from micropigmentation include but are not limited to: redness, swelling, puffiness, bruising, dry patches and tenderness.

You should expect to lose approximately 30-50% of the initial color during the healing process. We have selected the optimal pigments for you with this in mind. In approximately six days it may appear too light. After about 10 days, the color will show more. It will appear softer when completely healed.

Day	Effect – What To Expect
1	The eyes will be swollen and sore, like you have been crying, with a heavier eye makeup look. For the first 3-4 days, the color is darker than it will appear when healed. Apply a light gloss of after-care balm sparingly to the treated areas with a clean fingertip. Too much ointment makes the swollen area too wet. Use the ointment in the morning and evening. A third application is fine if needed, but don't over use. Clean the eyes in the evening with clean water and a tissue.
2	The eyelids are swollen for a few hours after waking up, still with heavier makeup look. When you wake up, refresh the treated area with cool water. Tissue dry and re-apply ointment. The eyes will be swollen and sore but will get better throughout the day. In the evening, gently cleanse with cool water, tissue dry, and re-apply ointment.
3	Swelling decreases but is not gone entirely. There is a tight feeling. The top layers of skin begin to lift away. The soreness will become less as the treated area begins to exfoliate. A rough texture appears on the skin. Use a small amount of ointment if needed.
4	There is a pinching feeling. Some itching is normal as the skin begins to flake. When the eyeliner area begins to exfoliate, do not pick at it! Discontinue ointment. It will flake off with the movement of the eye.
5	Color is somewhat grayish and will take a few more days to clarify to full color. The pigmented area begins to shrink and soften in size and color over the next few days. Exfoliation completes. The color will appear a bit "frosty," but will clarify in a few days.
6	The color has lightened from its initial overly-dark appearance. For the next few days, the color may now be lighter than what the final color will be.
10	The final color begins to stabilize and show through. The color will continue to soften as the healing process completes.

I UNDERSTAND AND ACCEPT THAT FAILURE TO FOLLOW THE POST-PROCEDURE INSTRUCTIONS ABOVE MAY RESULT IN A LOSS OR DISCOLORATION OF PIGMENT RESULTING IN A NEED FOR MORE FREQUENT TOUCHUPS.

Name (Please print legibly)

Date

Patient Signature

Date

Practitioner Name and Signature

Date

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