

## Lip Micropigmentation Post Procedure Care

### General

Micropigmentation (permanent makeup) procedures are affected by the “canvas” (your skin) that they are performed on. Lifestyle, medications, smoking, metabolism, facial surgery and other procedures, and age of skin all contribute to fading. The initial application is typically applied conservatively because every person’s skin is different, and the final color can sometimes only be precisely determined and adjusted during a follow-up appointment after the initial application has fully healed. Because of this, the micropigmentation process is often not complete after the initial procedure. In many cases, a follow-up appointment is necessary approximately 30-60 days after your initial application to fine tune and ensure the best result.

Though rare, infection is possible. If you see signs of infection such as persistent increased redness or swelling, fever, drainage or oozing, contact your doctor immediately.

- Apply ice packs as necessary to prevent or reduce swelling.
- Apply a thin coat of after-care balm \_\_\_\_\_ to the treated area 2-3 times a day for the first **4 days**. If there is still a layer of balm, do not reapply. Avoid “smothering” with too much balm especially if there is significant scabbing. Let the scab breathe.
- When the area starts to flake, leave it. Do not pick, peel, scrub, or pull on the skin. This is extremely important.
- For at least **one week** post-procedure or until healing is complete (whichever is longer)
  - ▶ Avoid sweating such as from vigorous exercise.
  - ▶ Keep your hands clean and avoid touching the affected area(s).
  - ▶ Avoid exposing the area excessive moisture or humidity, such as: facials, saunas, steam rooms, and steamy showers.
- Avoid Retin-A, glycolic acids, peroxides, Neosporin, exfoliants and anti-aging products **at all times** (not just during healing) on all micropigmented areas. These can cause pigments to fade and lighten prematurely.
- Avoid tanning beds, direct sun, hot tubs, spas, pools, or any other swimming (lakes, oceans), soap and chemicals (including skin cleansers, makeup removers, alpha hydroxyl creams, and tooth whitening toothpaste) near the treated area until healed (**about 30 days**).
- No Lip Fillers for 1 month post-procedure.
- Pigments will slowly fade over time according to one’s metabolism, skin type, sun exposure, medication, facial surgery, and smoking.
- Schedule maintenance visits as needed to keep it looking fresh. Periodic touch ups will ensure longer lasting results

### LIPS

- Apply ice for the first 2-24 hours to reduce swelling if desired.
- Keep moist with after-care balm \_\_\_\_\_ for the next 5-7 days, and then switch to lip balm or lipstick with an SPF of 15 or greater as the sun tends to fade lip color quickly

- Lips may appear to have too much color in the days following the procedure. You may add makeup to soften the color after there is no more scabbing or open skin.
- Scars on the lips from fever blisters cause pigment removal. See our Pre-Procedure Instructions for lips.

## Lip Micropigmentation Healing Schedule

If you've never had micropigmentation before, there are a lot of unknowns. One of the most common questions we are asked is what to expect during the healing process. While every person is different and some heal more quickly or slowly than others, here's generally what to expect.

Temporary side effects from micropigmentation include but are not limited to: redness, swelling, puffiness, bruising, dry patches and tenderness.

You should expect to lose approximately 30-50% of the initial color during the healing process. We have selected the optimal pigments for you with this in mind. In approximately six days it may appear too light. After about 10 days, the color will show more. It will appear softer when completely healed.

Day	Effect – What To Expect
1	Swelling, tender, heavy, thick lipstick look with reddish brick color. For the first few days, the color is darker than it will appear when healed.
2	Slight swelling, reddish, tender, with a slight metallic taste.
3	Less swelling, thicker texture, sore, hot feeling before exfoliation with an orange color.
4	Exfoliation begins, very chapped lips. The color will become lighter as the epidermis sloughs off. It will appear that you have lost all of your color, however, when your lips have healed completely, the dermal layer will gradually become darker.
5	Very chapped but almost finished with first chapping stage.
6	A soft, rich color begins to appear.
7-13	Lip color disappears and the "frosty" 2nd chapping stage begins as a whitish gray haze on the lips.
14	Color blooms from within more and more each day until about day 21 (3 weeks post procedure).
21	Healing complete. The color you see is the color that you have. Your lips will remain a bit dry for a month or two. Use a good lip balm and they will return to normal with full color.

**I UNDERSTAND AND ACCEPT THAT FAILURE TO FOLLOW THE POST-PROCEDURE INSTRUCTIONS ABOVE MAY RESULT IN A LOSS OR DISCOLORATION OF PIGMENT RESULTING IN A NEED FOR MORE FREQUENT TOUCHUPS.**

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Patient Name (Please print legibly)

\_\_\_\_\_  
Patient Signature

\_\_\_\_\_  
Date

\_\_\_\_\_  
Practitioner Name and Signature

\_\_\_\_\_  
Date