

Microblading Eyebrow After Care Instructions

General

Just after your procedure (and the next couple days), your brows will be **DARKER** and **THICKER** than you expect!!! DO NOT PANIC! This is NORMAL. DO NOT try to do anything to lighten or interfere with the natural healing process of your brows!!!

Additionally, when healing skin and scabs fall away, there is often a “Ghosting Period” where you will think ALL the pigment is GONE. This is also NORMAL. Healing skin over the implanted pigment is opaque (NOT see through) and blocks the underlying pigment in your skin. As the overlying skin completes it’s healing process, it becomes transparent (see through). Then the underlying pigment can shine through. If too much of the implanted pigment has faded, additional pigment will be “layered” in at your Touch Up Procedure.

Microblading (permanent makeup) procedures are affected by the “canvas” (your skin) that they are performed on. Lifestyle, medications, smoking, metabolism, facial surgery and other procedures, and age of skin all contribute to fading. Every person’s skin is different, and the final color can sometimes only be precisely determined and adjusted during a touch-up appointment after the initial application has fully healed. Because of this, the microblading process is often not complete after the initial procedure. In many cases, a touch-up appointment is necessary approximately 4-6 weeks after your initial application to fine tune and ensure the best result.

Though rare, infection is possible. If you see signs of infection such as persistent increased redness or swelling, fever, drainage or oozing, contact your doctor immediately.

- For at least **one week** post-procedure or until superficial healing is complete (whichever is longer)
 - ▶ Avoid sweating such as from vigorous exercise.
 - ▶ Keep your hands clean and avoid touching the affected area(s).
 - ▶ Avoid exposing the area excessive moisture or humidity, such as: swimming, facials, saunas, steam rooms, and steamy showers.
- Avoid Retin-A, glycolic acids, peroxides, Neosporin, exfoliants and anti-aging products **at all times** (not just during healing) on all microbladed areas. These can cause pigments to fade/lighten prematurely.
- Avoid tanning beds, direct sun, hot tubs, spas, pools, or any other swimming (lakes, oceans), soap and chemicals (including skin cleansers, makeup removers, and alpha hydroxyl creams near the treated area until healed (**about 30 days**).
- Pigments will slowly fade over time according to one’s metabolism, skin type, sun exposure, medication, facial surgery, and smoking.
- Schedule maintenance visits as needed. Periodic Refresh Procedures will ensure longer lasting results. Most microbladed brows will need a Refresh within 12-18 months. It is best to refresh the pigment BEFORE it has faded too significantly.

Microbladed Eyebrows

Thoroughly wash hands before touching your eyebrows

Day 1 (day of procedure)

- Gently wipe eyebrows with damp cotton round every hour
- Before bed do a final wipe and gently pat dry

- Apply aftercare balm _____ (very small amount) to eyebrows.

Day 2

- No wetting the eyebrows or showering.
- Except in the morning – Gently wipe eyebrows with damp cotton round.
- Apply aftercare balm (very small amount) to eyebrows 2-3 times per day: morning, afternoon and evening with a Q-tip (very small amount). If previous application of balm is still present, no need to apply more. Do not layer and coat the eyebrows. Only a very thin layer is optimal.

Days 3 to 7

- Shower OK – avoid direct water on the eyebrows, 5 minutes maximum. (excessive steam can damage the permanent makeup)
- Apply aftercare balm (very small amount) to eyebrows 2-3 times per day: morning, afternoon and evening with a Q-tip. If previous application of balm is still present, no need to apply more. Do not layer and coat the eyebrows. Only a very thin layer is optimal.
- No products on eyebrows (except aftercare balm)
- Do not pick any scabs, if any.

Days 8 to 14

- Again, avoid sweating, swimming etc.
- Be gentle with your eyebrows.
- Remember the end results can only be judged after the full healing process (about 4-6 weeks) and then after your touch up and subsequent healing time.

Eyebrow Micropigmentation Healing Schedule

If you’ve never had microblading before, there are a lot of unknowns. One of the most common questions we are asked is what to expect during the healing process. While every person is different and some heal more quickly or slowly than others, here’s generally what to expect.

Temporary side effects from microblading include but are not limited to: redness, swelling, puffiness, bruising, dry patches, itching, and tenderness.

You should expect to lose approximately 20-50% of the initial color during the healing process. We have selected the optimal pigments for you with this in mind. In approximately six days it may appear too light. After about 10 days, the color will show more. It will appear softer when completely healed.

I UNDERSTAND AND ACCEPT THAT FAILURE TO FOLLOW THE POST-PROCEDURE INSTRUCTIONS ABOVE MAY RESULT IN A LOSS OR DISCOLORATION OF PIGMENT RESULTING IN A NEED FOR MORE FREQUENT TOUCHUPS.

Patient Name (Please print legibly)

Patient Signature Date

Practitioner Name and Signature Date