

Timeless Allure

Dr Tracy A Miller

Permanent Makeup

Pigment Lightening Post Procedure Care

It is critical to follow all aftercare instructions to prevent complications, scarring, and to achieve optimum results. Please read carefully. Verbal aftercare instructions were also given at your appointment.

KEEP THE TREATED AREA CLEAN and open to the air. Do not cover with a Band-Aid or anything else. Air/oxygen provides for better and faster healing. You should not be touching the area at all, but if you find yourself needing to, please make sure your hands are exceptionally clean.

DO NOT SOAK the treated area in water. You can shower as normal, but keep the area out of the shower spray the best you can and do not let the area stay wet for more than a few minutes. It is best to keep it dry, but if you get it wet, gently pat dry.

NO: TAKING A BATH, SWIMMING, SAUNAS, HOT TUBS, TANNING OR EXERCISE. NO EXCEPTIONS! for 14 days.

DO NOT disrupt the scabbing process (i.e., no picking, scratching, etc.) All scabbing needs to fall off naturally. If you force or encourage (pick) a scab off, you will disrupt the process and possibly cause scarring. It is critical to keep the scabs on as long as possible for the best results.

Once all scabbing has naturally fallen off (roughly 5-7 days), apply a thin coat of the provided aftercare product "REMOVAL RESCUE" 2 times a day for 21-45 days, or until your next lightening session. DO NOT start applying the Removal Rescue until ALL scabbing has naturally and COMPLETELY fallen off. It is our goal to keep the area as dry as possible until all scabs have naturally fallen off. Keep the Removal Rescue bottle for your subsequent treatments. Should you loose or run out of Removal Rescue, additional bottles can be purchased for \$25.

LIPS: Please drink all liquids with a straw until all scabbing has naturally fallen off. Brush teeth only with Toms of Marine or Classic Crest if possible (no whitening, no peroxide toothpastes). Cut food into small bites....no biting into a sandwich. Try to keep mouth expressions to a minimum.

It is important to the process and the integrity of the skin that a full 4 weeks (and sometimes longer) of healing take place before another lightening session can be done.

Lightening unwanted pigment can often be a long process, and patience is required. This is true whether you are choosing a lightening product service or laser. Please be patient and give the process a fair chance to work. Generally you can expect visible and wanted results in 2-5 sessions. How many sessions needed will depend on how saturated the pigment is, how deep it was implanted, and how much pigment needs to be removed for the desired result.

In many cases, only a percentage of the pigment needs to be lightened/removed and then you can continue the correction process by color correcting or color shifting. In cases where you have pigment misplaced, migrated, or in an unwanted area, color correcting will not be an option and removing as much of the pigment as possible will be the ultimate goal.

We cannot guarantee that successful re-implantation of pigment will be possible after lightening. Results cannot be foreseen, predicted, or guaranteed.

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If you have any questions or concerns during the healing process, please call. If at any time you have any green or yellow puss in or around the treated area, please call. Though infection is rare, it is always prudent to seek medical attention should any signs of infection occur. Scrupulous hygiene and following these guidelines will give you the best success and results.

I UNDERSTAND AND ACCEPT THAT FAILURE TO FOLLOW THE POST-PROCEDURE INSTRUCTIONS CAN LEAD TO UNDESIRABLE RESULTS, INFECTION, OR SCARRING.

Name (Printed))

Date

Patient Signature

Date

Practitioner Name and Signature

Date

ABOUT REMOVAL RESCUE

“Removal Rescue” aftercare product will be provided at your first treatment. Additional bottles can be purchased for \$25.

Plant stem cells are highly potent and contain up to 1,000 times more antioxidants than other botanical extracts. Plant stem cells are undifferentiated cells responsible for whole plant regeneration and have been proven to perform the same way for our skin. Clinical studies have shown that including small amounts of plant stem cells in skin care products increases collagen synthesis and cell renewal while reducing the appearance of photoaging.

The combination of seaweed, green tea extract and plant stem cells make this serum the “Holy Grail” in terms of cellular regeneration. The amino acids and Omega 6 profile of this unique serum allow it to penetrate deep into the skin. Using a product that promotes cellular regeneration is critical following tattoo lightening as the removal procedure causes significant trauma to the skin tissue.

Removal Rescue aids in the healing of traumatized skin by targeting new epidermal cells and other tissues once scabs exfoliate off. High in antioxidants, vitamins, and hydration peptides, this sea algae serum fights against free radical damage and is the “Dream Juice” for skin cells.

Algae and green tea are well known for holding large amounts of water. This photo-bioactive serum uses supercritical fluid-extracted algae and green tea to provide hydration and elasticity benefits to your skin aiding in the smooth formation of the fibroblast outer cellular wall. The serum also has a high Vitamin C content, which aids in collagen support, and is rich in Omegas (3 & 6) which carry all these nutrients deeper into the fragile healing tissues. Getting these nutrients deep in the tissue is critical for preventing scarring and promoting the healthy formation of fibroblast cells, tissue, and the dermal wall.

All ingredients used in Removal Rescue are free from pesticides.

High in beta carotene, selenium, zinc and vitamins A, C, and E gives Removal Rescue the address bonus of having anti-aging and anti-inflammatory benefits.

Removal Rescue breaks through lipids to soften tissue for better healing.

Hydration - Seaweed is full of humectants that draw in moisture from the environment, and Vitamin E is remarkable for skin hydration.